



School-based Prevention
Parent/Adult-based Prevention
Therapeutic Mentoring

www.passaah.org

(937) 595- 5012

Prevention Curriculum

- ❖ ACT Raising Safe Kids- an early prevention intervention focusing on parents and caregivers of young children. Its purpose is to teach positive parenting skills and practices that help create stable, safe, healthy, nurturing environments and relationships that protect children from adverse experiences such as abuse and neglect and their lifelong consequences.
- ❖ Botvin Lifeskills - a comprehensive, dynamic, and developmentally appropriate substance abuse and violence prevention program
 - Increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development and mental health
- ❖ Botvin Transitions- skills-based curriculum designed to promote positive mental health and personal development with the transition from adolescence to adulthood
- ❖ Catch My Breath- Youth E-cigarette and Vaping prevention program
- ❖ **DBT Steps- A- SEL/Suicide prevention program**
 - **Dialectical behavior therapy (DBT) skills have been demonstrated to be effective in helping adolescents manage difficult emotional situations, cope with stress, and make better decisions**

- ❖ Erika's Lighthouse- Evidence-informed curricula that impacts students in grades 4-12 that promotes good mental health, educates about depression and suicide, reduces stigma and encourages help-seeking
- ❖ Guiding Good Choices- gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent.
- ❖ I Mind- Vaping/Smoking intervention program for youth
- ❖ Lifelines- Youth suicide prevention program
- ❖ Mental Health First Aid- a skills-based training course that teaches participants about mental health and substance-use issues.
- ❖ Pax Good Behavior Game- Youth cooperation and self-regulation program
- ❖ Pax Partners- Support the schools/classrooms in implementation and use of the PAX GBG
- ❖ Pax Community Educator- Supporting and training any parent/guardian or youth worker looking to implement Pax Partners

- ❖ QPR (Question, Persuade, Refer)- Recognize the warning signs of suicide, know how to offer hope, know how to get help and save a life
- ❖ Sources of Strength- a national wellness program for kindergarten through 12th grade that improves emotional well-being and prevents suicide, substance misuse, bullying, and violence.
- ❖ Start With Hello- Award-winning program that teaches empathy to empower students to end social isolation
- ❖ Too Good For Drugs- a universal K-12 prevention education program designed to mitigate the risk factors and enhance protective factors related to alcohol, tobacco, and other drugs (ATOD) use. The lessons introduce and develop skills for making healthy choices, building positive friendships, developing self-efficacy, communicating effectively, and resisting peer pressure and influence.